

OTTER TRAIL GUIDE

TIDES JULY 2020

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0734	1729	0030	1313	0702	1908
2	0734	1729	0130	1411	0757	2004
3	0734	1730	0224	1501	0845	2053
4	0734	1730	0313	1547	0928	2138
5	0734	1731	0358	1629	1008	2220
6	0734	1731	0440	1708	1044	2259
7	0734	1732	0518	1744	1118	2336
8	0734	1732	0553	1819	1150	---
9	0733	1733	0626	1853	0012	1221
10	0733	1733	0658	1929	0049	1253
11	0733	1734	0732	2010	0128	1327
12	0732	1735	0812	2102	0214	1409
13	0732	1735	0906	2209	0312	1507
14	0731	1736	1026	2327	0428	1637
15	0731	1736	1207	---	0554	1815
16	0731	1737	0035	1317	0700	1917
17	0730	1738	0129	1406	0750	2004
18	0730	1738	0216	1448	0832	2045
19	0729	1739	0259	1528	0911	2124
20	0729	1740	0342	1607	0949	2204
21	0728	1740	0423	1646	1026	2244
22	0728	1741	0504	1726	1104	2325
23	0727	1742	0545	1806	1141	---
24	0727	1742	0626	1848	0007	1220
25	0726	1743	0707	1933	0052	1300
26	0725	1744	0752	2023	0139	1344
27	0725	1744	0845	2122	0234	1436
28	0724	1745	0954	2238	0341	1545
29	0723	1746	1135	---	0519	1731
30	0723	1746	0007	1306	0653	1905
31	0722	1747	0122	1408	0756	2007

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

